Why Are You Afraid

Sunday, June 9, 2019

On that day, when evening came, He said to them, "Let us go over to the other side." Leaving the crowd, they took Him along with them in the boat, just as He was; and other boats were with Him. And there arose a fierce gale of wind, and the waves were breaking over the boat so much that the boat was already filling up. Jesus Himself was in the stern, asleep on the cushion; and they woke Him and said to Him, "Teacher, do You not care that we are perishing?" And He got up and rebuked the wind and said to the sea, "Hush, be still." And the wind died down and it became perfectly calm. And He said to them, "Why are you afraid? Do you still have no faith?" They became very much afraid and said to one another, "Who then is this, that even the wind and the sea obey Him?"

Mark 4:35-40

"Why are you afraid? Do you still have no faith?"

Peter said to Him, "Lord, if it is You, command me to come to You on the water." And He said, "Come!" And Peter got out of the boat, and walked on the water and came toward Jesus. But seeing the wind, **he became frightened**, and beginning to sink, he cried out, "Lord, save me!" Immediately Jesus stretched out His hand and took hold of him, and said to him, "You of little faith, why did you doubt?"

Matthew 14:28-31

"For this reason I say to you, <u>do not be worried</u> about your life, as to what you will eat or what you will drink; nor for your body, as to what you will put on. Is not life more than food, and the body more than clothing? "Look at the birds of the air, that they do not sow, nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not worth much more than they? "And who of you <u>by being worried</u> can add a single hour to his life? "And why are you <u>worried</u> about clothing? Observe how the lilies of the field grow; they do not toil nor do they spin, yet I say to you that not even Solomon in all his glory clothed himself like one of these. "<u>But if God</u> so clothes the grass of the field, which is alive today and tomorrow is thrown into the furnace, will He not much more clothe you?

You of little faith!

Matthew 6:25-30

Therefore, since the children share in flesh and blood, He Himself likewise also partook of the same, that through death He might render powerless him who had the power of death, that is, the devil, and might free those who through fear of death were subject to slavery all their lives.

Hebrews 2:14-15

Because whatever we are afraid of we are a slave to.

God knows and understands that we are prone to fear.

- 1. Answer the question: Why are you afraid?
- 2. Face your fears Don't nurse them

Sometimes we just look at the Lord and say, rebuke me if you have to but save me, save me still.

3. Get into God's Word -

So **faith** comes from hearing, and hearing by the word of Christ.

Romans 10:17

"Martha, Martha, you are <u>worried</u> and bothered about so many things; but only one thing is necessary, for Mary has chosen the good part, which shall not be taken away from her."

Luke 10:41-42

"If you abide in Me, and My words abide in you, ask whatever you wish, and it will be done for you. "My Father is glorified by this, that you bear much fruit, and so prove to be My disciples.

John 15:7-8

Do not fear, for I am with you;
Do not anxiously look about you, for I am your God.
I will strengthen you, surely I will help you,
Surely I will uphold you with My righteous right hand.
Isaiah 41:10