

TOO BUSY

3-3-2024

"Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light."

Matthew 11:28-30

1) SOME THINGS NEED TO BE SHARED.

Moses' father-in-law replied, "What you are doing is not good. You and these people who come to you will only wear yourselves out. The work is too heavy for you; you cannot handle it alone." Exodus 18:17-18

Carry each other's burdens, and in this way you will fulfill the law of Christ.

Galatians 6: 2

2) SOME THINGS NEED TO BE STOPPED.

"Martha, Martha," the Lord answered, "you are worried and upset about many things, but only one thing is needed. Mary has chosen what is better, and it will not be taken away from her." Luke 10:41-42

Be still, and know that I am God... Psalms 46:10

***raphah* (raw-faw'); to slacken; to allow to sink, to let drop.**

3) EVERYTHING NEEDS TO BE SURRENDERED.

My soul finds rest in God alone; my salvation comes from him. Psalms 62:1

Cast your cares on the LORD and he will sustain you... Psalms 55:22

***shalak* (shaw-lak); cast, hurl, throw.**