

Love Yourself
6-9-2024

The Great Commandment

34 But when the Pharisees heard that he had silenced the Sadducees, they gathered together. 35 And one of them, a lawyer, asked him a question to test him. 36 "Teacher, which is the great commandment in the Law? 37 And he said to him, "You shall love the Lord your God with all your heart and with all your soul and with all your mind. 38 This is the great and first commandment. 39 And a second is like it: You shall love your neighbor as yourself. 40 On these two commandments depend all the Law and the Prophets." Matthew 22:34-40

"Loving God, Loving Others, Making Disciples."

A New Commandment

31 When he had gone out, Jesus said, "Now is the Son of Man glorified, and God is glorified in him. 32 If God is glorified in him, God will also glorify him in himself, and glorify him at once. 33 Little children, yet a little while I am with you. You will seek me, and just as I said to the Jews, so now I also say to you, 'Where I am going you cannot come.' 34 A new commandment I give to you, that you love one another: just as I have loved you, you also are to love one another. 35 By this all people will know that you are my disciples, if you have love for one another." John 13:31-35

How Do We Love Ourselves Physically

do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, for you were bought with a price. So glorify God in your body. 1 Corinthians 6:19-20

31 So, whether you eat or drink, or whatever you do, do all to the glory of God. 1 Corinthians 10:31

Mentally

38 Now as they went on their way, Jesus entered a village. And a woman named Martha welcomed him into her house. 39 And she had a sister called Mary, who sat at the Lord's feet and listened to his teaching. 40 But

Martha was distracted with much serving. And she went up to him and said, "Lord, do you not care that my sister has left me to serve alone? Tell her then to help me." 41 But the Lord answered her, "Martha, Martha, you are anxious and troubled about many things, 42 but one thing is necessary. Mary has chosen the good portion, which will not be taken away from her." Luke 10:38-42

28 Come to me, all who labor and are heavy laden, and I will give you rest. 29 Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. 30 For my yoke is easy, and my burden is light." Matthew 11:28-29

Spiritually

23 And after he had dismissed the crowds, he went up on the mountain by himself to pray. When evening came, he was there alone. Matthew 14:23

35 And rising very early in the morning, while it was still dark, he departed and went out to a desolate place, and there he prayed. 36 And Simon and those who were with him searched for him, 37 and they found him and said to him, "Everyone is looking for you." 38 And he said to them, "Let us go on to the next towns, that I may preach there also, for that is why I came out." 39 And he went throughout all Galilee, preaching in their synagogues and casting out demons. Mark 1:35-39

Financially

Matthew 25:14-30 - The Parable of the Talents