

Nourished by the Word  
7-13-2025

Are You Spiritually Malnourished?

If you want to grow deep in Christ, you must be nourished by His Word.

*1 "Blessed is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers;  
2 but his delight is in the law of the Lord, and on his law he meditates day and night.  
3 He is like a tree planted by streams of water that yields its fruit in its season, and its leaf does not wither. In all that he does, he prospers."* Psalm 1:1-3

1. Starvation or Good Food

*"Blessed is the one who does not walk in the counsel of the wicked..."*

2. Delight in the Word

*"His delight is in the law of the Lord..."*

*"How sweet are your words to my taste, sweeter than honey to my mouth!"*

Psalm 119:103

*"I rejoice in following your statutes as one rejoices in great riches."* Psalm 119:14

*"When your words came, I ate them; they were my joy and my heart's delight."* Jeremiah 15:16

3. Meditate Day and Night

*"...and on his law he meditates day and night."*

*"Keep this Book of the Law always on your lips; meditate on it day and night..."* Joshua 1:8

4. Nourished Roots Bear Lasting Fruit

*"He is like a tree planted by streams of water..."*

5. The Danger of Withering

*"The wicked are not so, but are like chaff that the wind drives away."*